



NEVADA STATE CONTRACTORS BOARD NEWS RELEASE

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NEVADA STATE CONTRACTORS BOARD URGES EXTRA PRECAUTIONS IN EXCESSIVE HEAT

LAS VEGAS and RENO, NEV. – The Nevada State Contractors Board is urging its 18,000 licensed contractors to take added precautions during this week’s National Weather Service excessive heat warning.

“Contractors play a significant role in making Nevada the powerful economic engine that it is today. Consequently, we need all contractors who are exposed to the elements to take additional safety measures,” said NSCB Executive Officer Margi Grein. “We want all contractors to return home safely each day to their loved ones.”

According to the latest figures, construction plays a huge role in the Nevada economy and contributed more than \$51 billion or 7.4 percent of the state’s GDP of \$193 billion. This is a larger share of GDP than in any other state.

Because heat can be a silent killer the Contractors Board is urging the following precautions during this period of excessive heat:

- Drink plenty of water, even if you’re not thirsty
- Avoid direct exposure to the sun
- Wear light-colored and loose-fitting clothing
- Wear a wide-brimmed hat
- Cool down immediately if you feel dizzy, nauseous, have a headache or confusion
- Call 9-1-1 if symptoms persist or worsen

Heat is an annual occurrence for us living in the Mojave Desert. Yet, heat exhaustion and heat stroke can be prevented by taking precautions.

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The Nevada State Contractors Board is committed to ensuring the integrity and professionalism of the construction industry in Nevada. The NSCB has the responsibility to promote quality construction by Nevada licensed contractors through a regulatory licensing system designed to protect the health, safety and welfare of the public. For more information about the Nevada State Contractors Board, please visit www.nscb.nv.gov.

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